



Fun in the Sun 5K/10K Run Registration Form

Name: _____

Address: _____

Phone: _____ Gender: M / F

Email: _____ Age: _____

Shirt Size: S - M - L - XL - XXL

Payment: Cash - Check - Credit/Debit Card

MAKE CHECKS PAYABLE TO: A+ UNITED FOUNDATION, INC.

Credit/Debit Card: _____

Exp. Date: _____ Security Code: _____

FILL OUT FORM AND DROP OFF OR MAIL TO:

A+ FITNESS, 6051 N Brookline Ave, Ste 137

Oklahoma City, OK 73112

Release and Waiver: In consideration of my entry, I, intending to be legally bound for myself, my heirs, executors, administrators, and assignees, waive, release, and forever discharge any and all rights and claims which may hereafter accrue to me against A+ United Foundation or A+ Fitness, LLC and it's affiliates, and all other sponsors, officials, and volunteers for any and all accidents and injuries incurred by me at or during this event. I further state that I have trained adequately and am in suitable condition to compete in this event.

Signature: _____ Date: _____

Parent Signature (for participants under 18)

Fun in the Sun 5K/10K Run

Brought to you by A+ Fitness, LLC

July 28th, 2018

Stars and Stripes Park

3701 South Lake Hefner Drive

Oklahoma City, OK 73116

7:15am - 10:45am

Registration/Race Information

- Early registration & packet pick up by appointment only at A+ Fitness (contact info below) or downloaded online
- Same day registration & packet pick-up begins at 6:30am, July 28th at A+ Fitness booth
- Race starts at 7:15am by the flag pole (north side of park)
 - Race path will be marked by colored flags, stay on the path and enjoy the scenic views of Lake Hefner
 - Event will be held, rain or shine
- All participants will receive a t-shirt & entered into drawing
- Awards and drawing winner will be announced at 10:15am
- Event schedule and additional information can be found at www.getaplusfit.com

FITNESS
\$25.00/\$35.00 Early Registration

\$35.00/ \$45.00 Same-Day Registration

All proceeds will go to
A+ United Foundation
to raise awareness and provide help
for youth and adults living with obesity.

Awards will be presented to the overall winner and to the top male & female finishers in the following age groups:

12 & under, 13-20, 21-49, 50 & up

Questions? Contact Yvonda Parker at
aplusfitllcyvonda@gmail.com

A+ Fitness, LLC • 6051 N Brookline Ave, Ste 137, OKC 73112 • 405-810-5386
www.getaplusfit.com